Tim Farmer's Country Kitchen

SQUASH VEGETABLE DESSERT

2 squash, cut in half, seeds removed Apple juice Dab of butter (per squash) 1 tablespoon brown sugar (per squash) Dash nutmeg 3/4 tablespoons maple syrup (per squash)



Cut squash in half and remove seeds.

Place in oven-proof dish. Add apple juice to bottom of pan. Add rest of ingredients to each squash. Bake for 45 minutes-1 hour at 350 degrees.

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